

COLONOSCOPY - GENERAL INSTRUCTIONS

PLEASE READ ALL INSTRUCTIONS AT LEAST ONE WEEK PRIOR TO THE EXAM!!

One week prior to the procedure:

1. No iron, aspirin products, Aleve, Motrin, Advil, Lomotil, calcium tablets, or multi-vitamin that contains iron
2. Use only Tylenol for pain
3. Avoid nuts and seeds and any fruits and vegetables that contain seeds
4. No corn, no popcorn
5. **Continue blood pressure and/or heart medications unless otherwise instructed**
6. Stop Metamucil
7. Inform your physician if you are a diabetic, on Coumadin, or have a latex allergy
8. Arrive for your examination at the scheduled time. If you have any questions, please call the office.

Date: _____ **Arrival time:** _____ **Procedure time:** _____

Report to:

**Northeast Medical Center Surgery Center, 2nd Floor (use Urgent Care entrance)
Endoscopic Procedure Center (EPC) at Community General Hospital, 1st Floor
St. Joseph's Hospital, Outpatient Registration**

If you are having sedation you will need a responsible adult to remain in the endoscopy center until discharge to review discharge instructions, and accompany / drive you home. Please allow a total of 1-3 hours for the exam and recovery time. If you cannot comply with these instructions, please let us know and your procedure will be rescheduled.

PLEASE NOTE: Occasionally it is necessary to change the time and/or date of your procedure due to changes in the doctor's schedule. We will do this only if necessary. We appreciate your understanding in this matter.

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FAYETTEVILLE, NY 13066
(315) 329-7300 FAX 329-7308

NORTH MEDICAL PLAZA
5112 WEST TAFT ROAD
SECOND FLOOR, SUITE U
LIVERPOOL, NY 13088
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