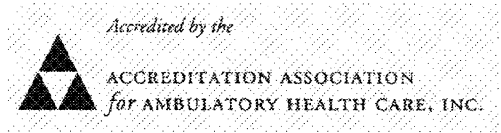


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**Our Endoscopy Suite is located at:
Northeast Medical Center
4308 Medical Center Dr, Suite 308
Fayetteville, NY 13066
(315) 329-7301**



It is very important that you do the following to prepare for your exam:

- A) One week prior to your procedure
 - * Stop iron, calcium and multi-vitamins that have iron in them
 - * Use Tylenol or acetaminophen for pain. Do not use aspirin, Motrin, ibuprofen, or Aleve.
 - * Avoid nuts and any fruits and vegetables that contain seeds.
 - * Stop all fiber supplements, like Metamucil and Fiberall.
- B) Separate instructions will be given to you for your specific bowel prep as necessary.
- C) One of the nurses from our endoscopy unit will call you one week prior to your procedure. If you have questions at this time, please feel free to ask them.
- D) Please take all your heart and blood pressure medications, with the exception of Coumadin and Plavix, as ordered by your physician with sips of water the day of your procedure. If you are a diabetic, please check your blood sugar before you come in for your procedure and also bring your medication with you so you can take them after you eat.

We strive for efficiency and safety in our unit. Please allow 1-2 hours for the exam and recovery period. Sometimes patients may require somewhat longer recovery time. Safety always comes first.

Please arrive for your procedure at _____ on _____. **If you are having sedation you will need a responsible adult to remain in the endoscopy center until discharge to review discharge instructions, and accompany you / drive you home.** If your insurance requires a copay, this must be collected at time of service.

PLEASE NOTE: Occasionally it is necessary to change the time and/or date of your procedure due to changes in the doctor's schedule. We will do this only if it is absolutely necessary. We appreciate your understanding of this matter.

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